
Newest Apps for the Athletic Office

— Lance Smith, CAA
Dr. Jim Wright, CMAA —

**Lance Smith, CAA - Millard West High
School
Omaha, NE**

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Twitter: [@mwhsactivities](https://twitter.com/mwhsactivities)
Instagram: [@mwhswildcats](https://www.instagram.com/mwhswildcats)**

There's an app for that...but should there be?

Pillars of an AD's job

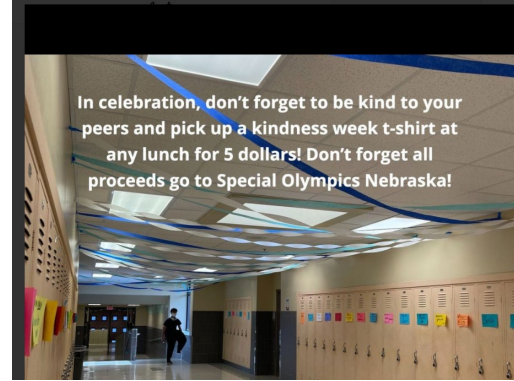
- Organization
- Communication
- Management
- Promotion/Marketing
- Information/Alerts

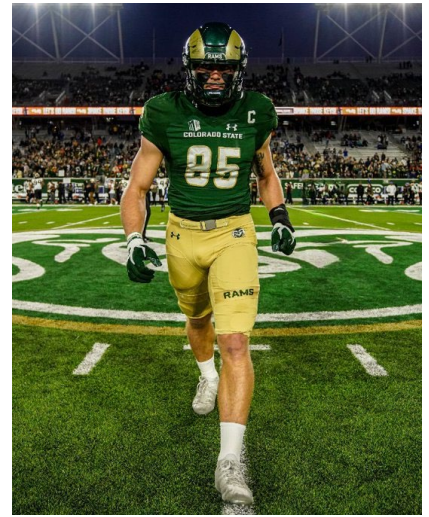
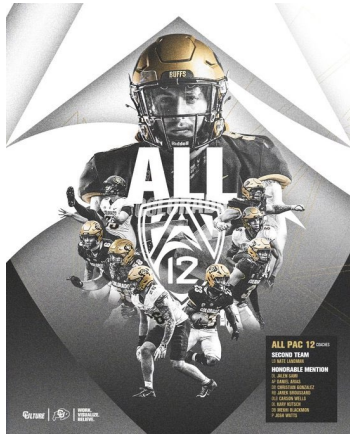
My focus today: Promotion/Marketing



Chances are that you have at least two of the big five

But how do you use them?







STARTING FIVE

6:45 | DECEMBER 7 | CREIGHTON PREP HIGH SCHOOL

TEAM	SCORE	POINTS PER GAME	MASCOT	HEAD COACH
MILLARD WEST	1-0	58	WILDCAT	MORRISON
LINCOLN PIUS X	1-0	58	THUNDERBOLT	SPICKA

#WildcatPower

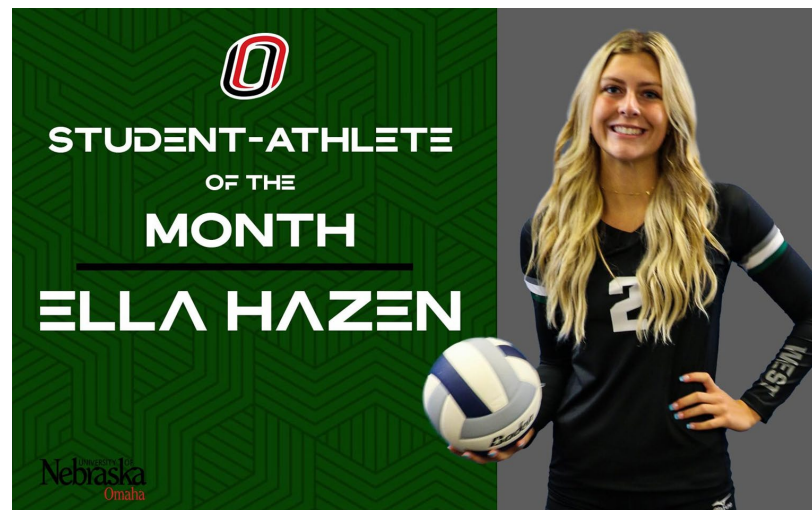
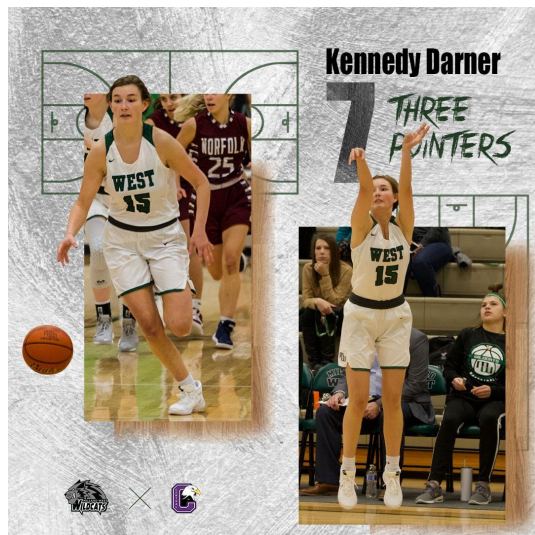
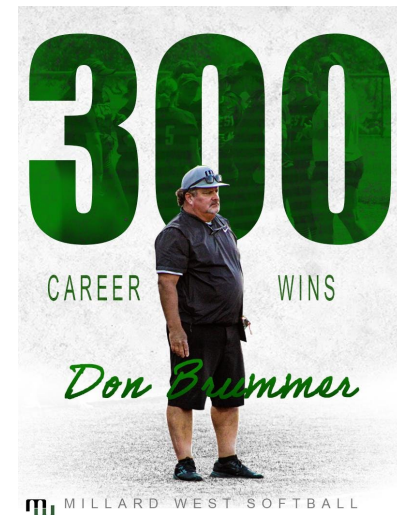
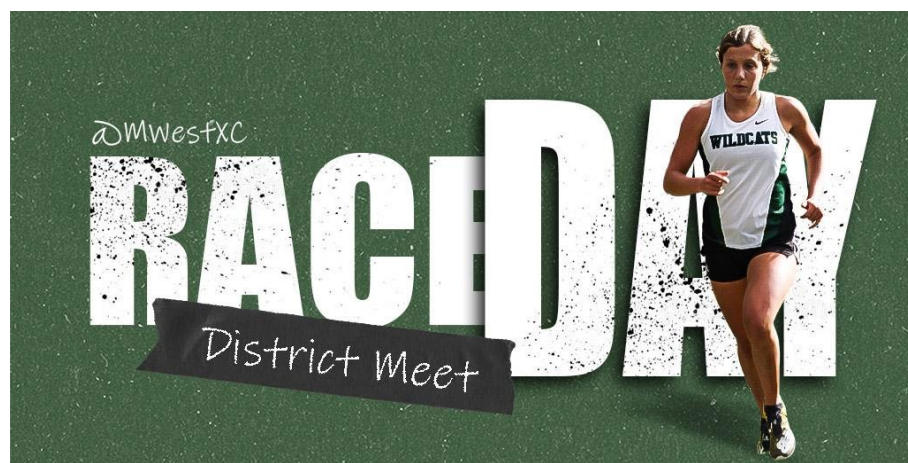
WILDCATS VS. JR. JAYS/CRUSADERS

MEET DAY

MILLARD WEST | 4:30 PM

DUAL MEET

MILLARD WEST WILDCATS



Apps to help you get creative



Bonus... Adobe Spark



Post



Video



Page

MILLARD WEST WILDCAT NATION NEWSLETTER

Why Download When You Can GLIDE

— Build Apps Better... —

Here We Go!!



Is this your Phone?



Enter GlideApps

- GlideApps is a code-free app creator that uses Google Sheets
- The base program is Free and allows 500 lines of data
- Templates for App creation are also available
- Hyperlinks to Phone, Text, and email are possible
- Hyperlinks to websites, schedules, and images are also possible
- A few of the uses
 - Athletic Department Coaches Contacts
 - Sport specific training
 - Data Collection/COVID permission
 - School District Information
 - Conference App

Let's get started

- Decide what you would like on an app
 - League or Conference contact information
 - Athletic Department Info
 - Videos
 - Coaching Tools and Handbook
- Collect data
 - Usually a contact list provided by the League or Conference in the form of a [document](#)
 - Name, school, phone, email are common entries
 - Web links and image links
- Identify columns of data by type of data
 - Name, phone, link, image, etc.
- Copy and paste that data onto a Google Sheet
 - Name the sheet
- Decide who will this be available to
- Go to [GlideApps.com](#) and create a free account with Google

Here's the opening page. Let's assume this will be a New Project.

The screenshot shows a web browser window with the URL `go.glideapps.com/o/0`. The browser's address bar and tabs are visible at the top. The application interface is divided into a left sidebar and a main content area.

Left Sidebar:

- Logo: A stylized lightning bolt.
- My Apps** (header)
- Apps** (14 items)
- Referrals
- Billing
- NYSAAA
- WW
- + New Team...

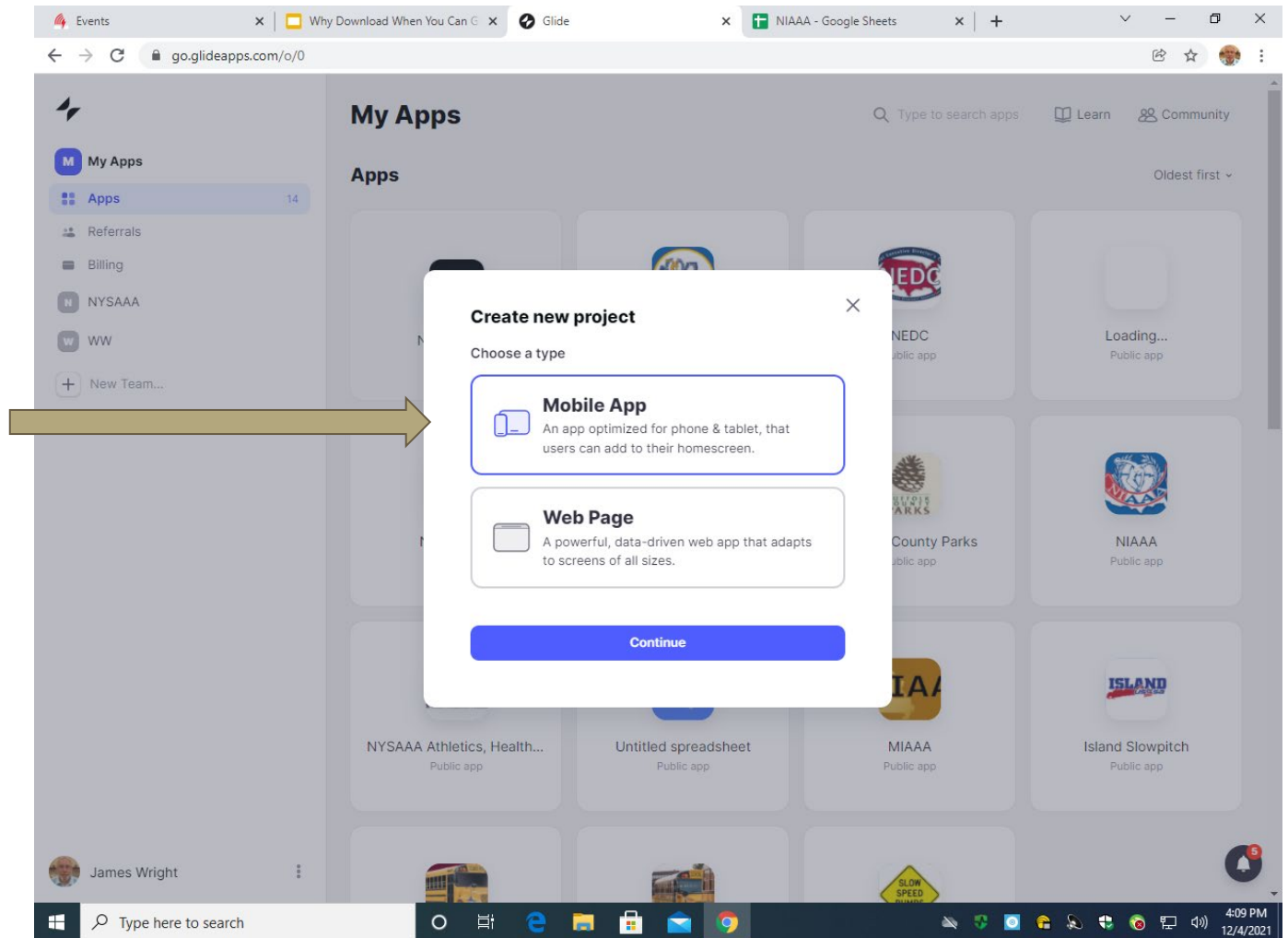
Main Content Area:

- My Apps** (header)
- Search bar: "Type to search apps"
- Links: "Learn", "Community"
- Sort: "Oldest first"
- Apps Grid:**
 - New Project**: Star icon and a dark square with a white plus sign.
 - 38th NYSAAA Conferenc...**: Public app, icon of a blue shield with a white '1'.
 - NEDC**: Public app, icon of a red and white shield with 'NEDC'.
 - Loading...**: Public app, icon of a white square.
 - NYSPHSAA**: Public app, icon of a blue shield with 'NYSPHSAA'.
 - NYSAAA.COM**: Public app, icon of a blue shield with a white '1'.
 - Suffolk County Parks**: Public app, icon of a green tree.
 - NIAAA**: Public app, icon of a blue shield with 'NIAAA'.
 - NYSAAA Athletics, Health...**: Public app, icon of a yellow shield with 'YS'.
 - Untitled spreadsheet**: Public app, icon of a blue shield with 'NYSPHSAA'.
 - MIAAA**: Public app, icon of a yellow shield with 'MIAAA'.
 - Island Slowpitch**: Public app, icon of a white shield with 'ISLAND'.

Bottom Bar:

- Search bar: "Type here to search"
- Taskbar: Windows logo, search icon, and various application icons (e.g., Edge, File Explorer, Mail, Chrome).
- System tray: Date and time "4:12 PM 12/4/2021".

We want a
Mobile APP.
That's why
you're here....



Name the APP
and assign
which format
you'd like. Once
selected, all data
will fit that
mode.

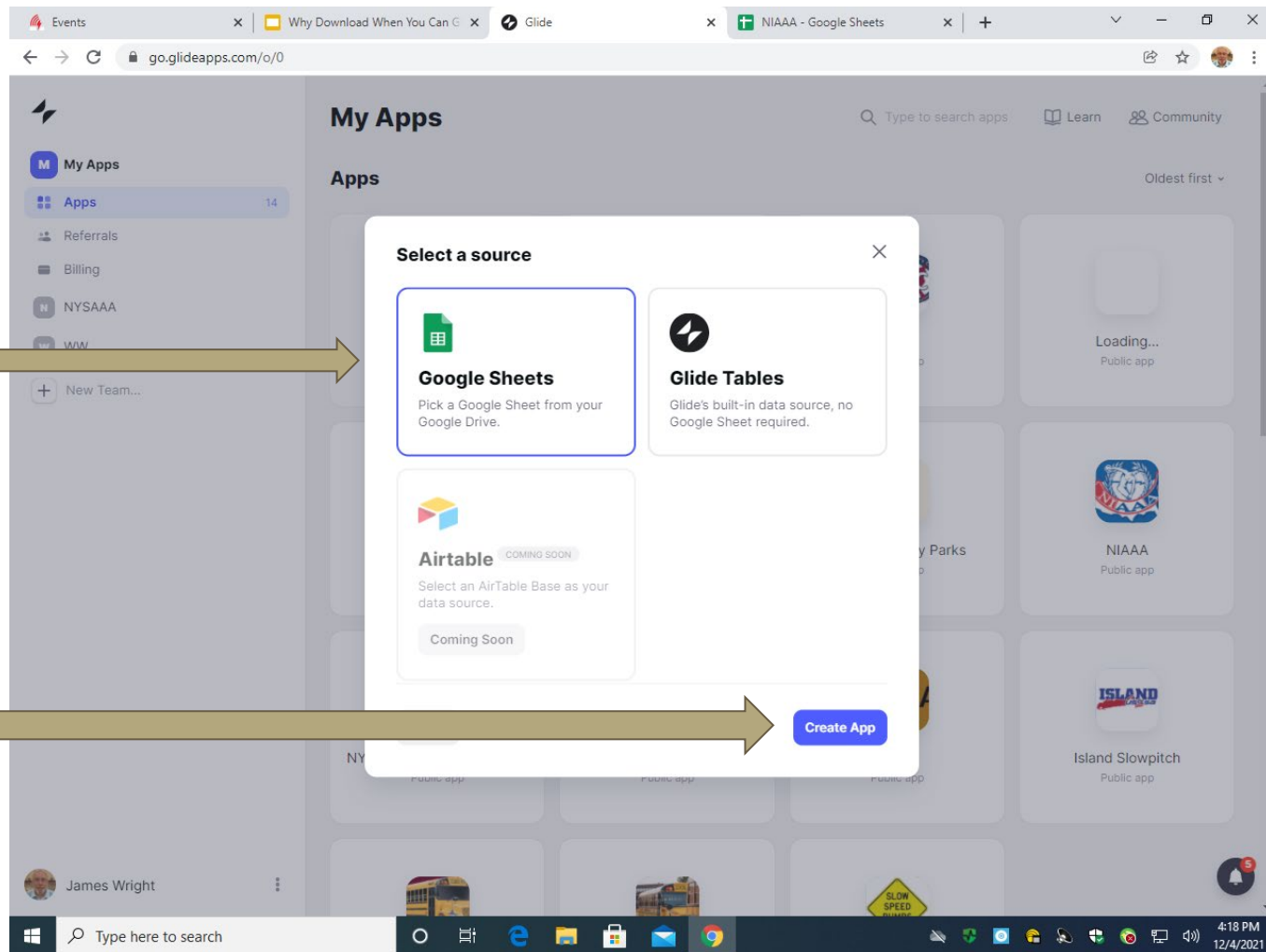
The screenshot shows a web browser window with the URL go.glideapps.com/o/0. The page is titled "My Apps" and displays a grid of existing apps. A modal window titled "Create a new app" is open in the center. The modal contains the following elements:

- App Name:** A text input field containing "NIAAAA". Below it, a note says "You can change this later".
- This app will be used primarily on:** Three radio button options: "Phone" (selected), "Tablet", and "Desktop". Below these, a note says "You can always preview your app on any platform."
- Continue:** A blue button at the bottom of the modal.

The background shows a sidebar with "My Apps" and a list of apps including "Apps" (14), "Referrals", "Billing", "NYSAAA", "WW", and "New Team...". The main grid displays various app thumbnails, some with logos like "NIAAAA" and "ISLAND". The bottom of the screen shows a Windows taskbar with the search bar and several application icons.

Here, we
select the
sheet we are
using for the
APP.

Then hit Create App



Select the
Sheet...in
this case
NIAAA



Events | Why Download When You Can G | Glide | NIAAA - Google Sheets

go.glideapps.com/o/0

My Apps

Type to search apps | Learn | Community

M My Apps

- Apps
- Referrals
- Billing
- NYSAAA
- WW
- + New Tea

Select a file

Name	Owner	Last modified ↓
NIAAA	me	2:02 PM
Disciplinary Assignment Report - Grades 9 & 10	Kendall Richards	Dec 3, 2021
Winter Bus Schudule	Michelle Tumsuden	Dec 3, 2021
Certification Committee	me	Dec 3, 2021
Field/Gym Usage	Donna Grennan	Dec 3, 2021
LTI Course Request and Accounting (Responses)	me	Dec 3, 2021
PE Medical Active 2021/2022	me	Dec 3, 2021
NYSAAA Awards Reps & Recipients	Debra Ferry	Dec 3, 2021
NYSAAA Mentoring Contacts 21-22	me	Dec 2, 2021

Events x Why Download When You Can G x NIAAA - Glide x NIAAA - Google Sheets x +

docs.google.com/spreadsheets/d/1STx3-h5PuczY4bYT_rCMszGe1hP6TnQf0qLH8d5QOz8/edit#gid=0

NIAAA ☆ 📁 ☁

File Edit View Insert Format Data Tools Extensions Help Last edit was yesterday at 1:58 PM

100% \$ % .0 .00 123 Default (Ari... 10 B I S A

	A	B	C	D	E	F	G	H	I	J	K	L
1	Welcome	link	image	twitter								
2	The National Inter:	https://members	https://drive.goo	https://twitter.com/NIAAA9100								
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Welcome Awards Member Portal About PD Conference Membership

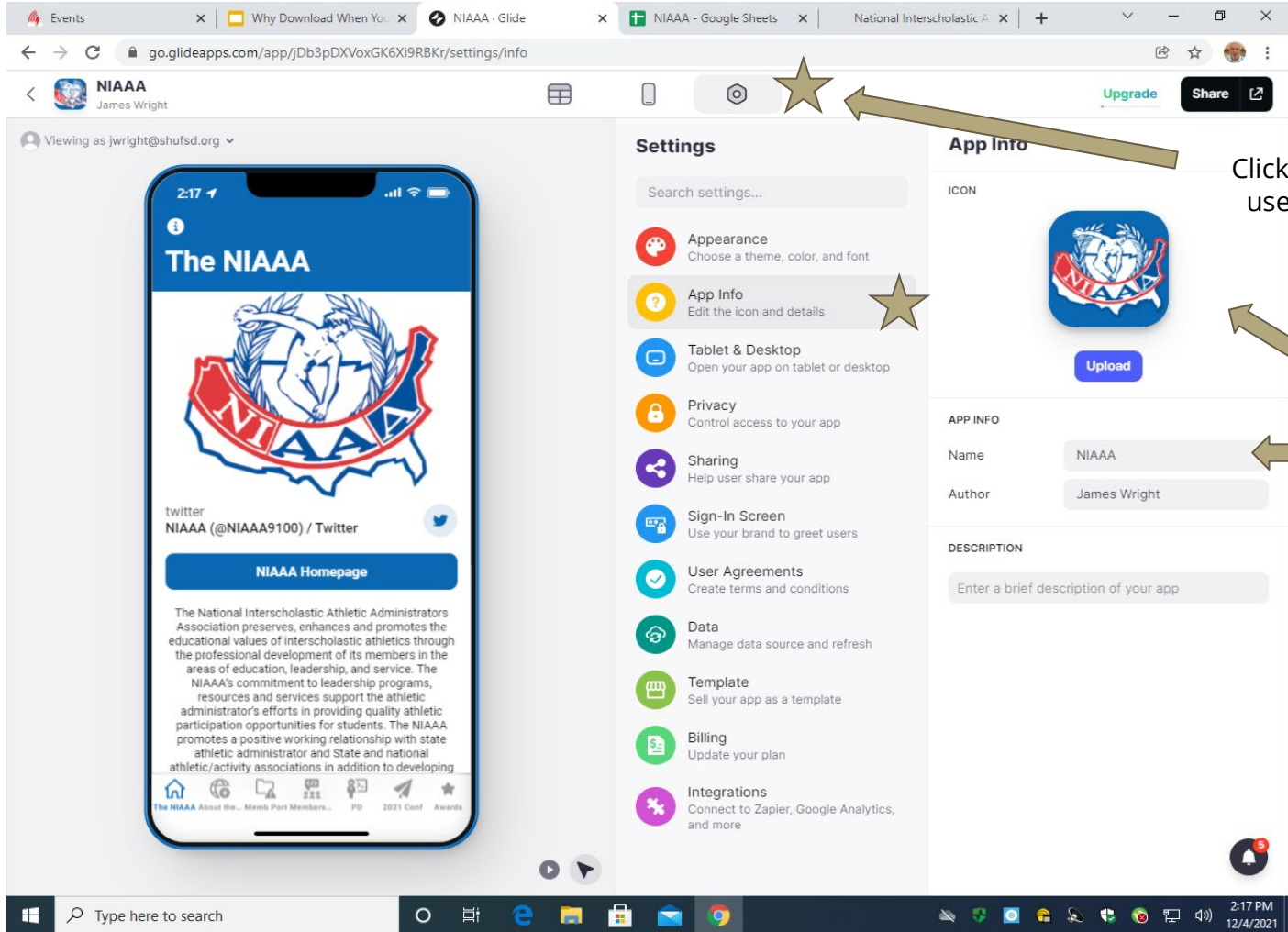
Type here to search

1:59 PM 12/4/2021

Name the columns with the desired information you want seen. The column labels will

Note the data. Either text or links are accepted.

This is the initial sheet used to create the app. Name it and assign tabs at the bottom to coincide with the data you want seen.



Click the nut to use Settings.

The opening page allows the user to upload images and name the app by clicking APP INFO

Events | Why Download When You | NIAAA - Glide | NIAAA - Google Sheets | National Interscholastic A | +

go.glideapps.com/app/jDb3pDXVoxGK6X9RBKr/settings/appearance

NIAAA
James Wright

Upgrade Share

Viewing as jwright@shufsd.org

The NIAAA

2:57

twitter
NIAAA (@NIAAA9100) / Twitter

NIAAA Homepage

The National Interscholastic Athletic Administrators Association preserves, enhances and promotes the educational values of interscholastic athletics through the professional development of its members in the areas of education, leadership, and service. The NIAAA's commitment to leadership programs, resources and services support the athletic administrator's efforts in providing quality athletic participation opportunities for students. The NIAAA promotes a positive working relationship with state athletic administrator and State and national athletic/activity associations in addition to developing

Settings

Search settings...

- Appearance Choose a theme, color, and font
- App Info Edit the icon and details
- Tablet & Desktop Open your app on tablet or desktop
- Privacy Control access to your app
- Sharing Help user share your app
- Sign-In Screen Use your brand to greet users
- User Agreements Create terms and conditions
- Data Manage data source and refresh
- Template Sell your app as a template
- Billing Update your plan
- Integrations Connect to Zapier, Google Analytics, and more

Appearance

ACCENT COLOR

THEME

Light Bold (light)

Pure (light) Dark

Bold (dark) Pure (dark)

Match device's theme



Color selection and
app appearance
are set here



The upper section mirrors the tabs on your Google Sheet. To add a tab, hit the plus sign.

The lower section includes the column within that tab. You can either add or delete viewing column.

Events Why Download When You Can G... NIAAA - Glide x +

go.glideapps.com/app/fDb3pDXVoxGK6Xi9RBKr/layout

< NIAAA James Wright

TABS +

- The NIAAA
- Chat
- Shopping Cart
- About the NIAAA
- Memb Port
- Membership
- PD
- 2021 Conf
- Awards

MENU

- User Profile

SCREEN DATA

- Image image
- Link twitter
- Button NIAAA Homepage
- Text Welcome
- Map link

Viewing as jwright@shufsd....

Click the Phone Icon

The NIAAA

12:52

The NIAAA

twitter NIAAA (@NIAAA9100) / Twitter

NIAAA Homepage

The National Interscholastic Athletic Administrators Association preserves, enhances and promotes the educational values of interscholastic athletics through the professional development of its members in the areas of education, leadership, and service. The NIAAA's commitment to leadership programs, resources and services support the athletic administrator's efforts in providing quality athletic participation opportunities for students. The NIAAA promotes a positive working relationship with state athletic administrator and State and national athletic/activity associations in addition to developing

The NIAAA About the... Memb Port Members... PD 2021 Conf Awards

The NIAAA

General Options Edit Form

TABS

Label The NIAAA

Source Welcome

Tab Icon

STYLE

- List
- Tiles
- Calendar
- Map
- Checklist
- Cards
- Swipe
- Details

Here you name the Tab and assign the data source

Select the Tab Icon here

The right side dictates the formatting of the page. In this case we want a welcome page so use DETAIL

Type here to search

12:52 PM 12/4/2021

The Insert Component area allows you to identify action items such as email, phone, map, image, etc.



Events Why Download When You Can NIAAA - Glide NIAAA - Google Sheets

go.glideapps.com/app/jDb3pDXVoxGK6Xi9RBKr/layout/add

NIAAA James Wright

TABS

- The NIAAA
- Chat
- Shopping Cart
- About the NIAAA
- Memb Port
- Membership
- PD
- 2021 Conf
- Awards

MENU

- User Profile

SCREEN DATA

- Image image
- Link twitter
- Button NIAAA Homepage
- Text Welcome

Insert Component

Filter components...

LAYOUT

- Title
- Separator
- Basic Table

BUTTONS

- Relation
- Link
- Favorite
- Email
- Phone
- Button
- Button Bar
- Switch
- Checkbox
- Buy Button
- Form Button
- Floating But...
- Scan Barco...

TEXT

- Action Text
- Rich Text
- Text
- Hint

ENTRY FIELDS

- Comments
- Notes
- Text Entry
- Number Ent...

Viewing as jwright@shufsd....

The NIAAA

General Options Edit Form

TABS

Label The NIAAA

Source Welcome

Tab Icon

STYLE

- List
- Tiles
- Calendar
- Map
- Checklist
- Cards
- Swipe
- Details

Twitter NIAAA (@NIAAA9100) / Twitter

NIAAA Homepage

The National Interscholastic Athletic Administrators Association preserves, enhances and promotes the educational values of interscholastic athletics through the professional development of its members in the areas of education, leadership, and service. The NIAAA's commitment to leadership programs, resources and services support the athletic administrator's efforts in providing quality athletic participation opportunities for students. The NIAAA promotes a positive working relationship with state athletic administrator and State and national athletic/activity associations in addition to developing strategic alliances with other education based agencies.

Type here to search

4:00 PM 12/4/2021



NIAAA



File

Edit

View

Insert

Format

Data

Tools

Extensions

Help

Last edit was seconds ago



Share



100%

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123

Default (Ari...

10

B

I

S

A



A1 fx Category

	A	B	C	D	E	F	G	H	I	J	K	L
1	Category	link	image	Description								
2	About the NIAAA	https://members	https://drive.goo	The NIAAA preserves, enhances and promotes educational-based athletics through the professional development of interscholastic a								
3	Accreditation	https://members	https://drive.goo	The National Interscholastic Athletic Administrators Association has become the first association to receive accreditation from Cognia.								
4	Resources	https://members	https://drive.goo	The NIAAA has curated and created multiple resources for athletic administrators to have access to. Below, you will find quick links to								
5	Sponsors	https://members	https://drive.goo	Sponsors are a critical part of the NIAAA operations and their support is appreciated. Please solicit these sponsors as they provide products and s								
6	Preferred Vendo	https://drive.goo	https://drive.goo	Our Preferred Vendors provide funds and in-kind services that are a major part of how we operate. Please solicit these fine companies and get to								
7	Career Center	https://niaaa.car	https://drive.goo	The Career Center is a member service to assist those seeking positions in Athletic Administration								
8	News	https://members	https://drive.goo	Read about recent events, essential information and the latest community news.								
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NIAAA
James Wright

TABS ▾

- The NIAAA
- Chat
- Shopping Cart
- About the NIAAA
- Memb Port
- Membership
- PD
- 2021 Conf
- Awards

MENU ▾

- User Profile

SCREEN

- Search
- Favorite Bar
- Tiles List

Viewing as jwright@shufsd...

2:13

About the NIAAA

Search

ABOUT THE NIAAA

ACCREDITATION

RESOURCES

SPONSORS

PREFERRED VENDORS

CAREER CENTER

News Releases

The NIAAA About the... Memb Port Members... PD 2021 Conf Awards

Upgrade Share

About the NIAAA

General Options

TABS ▾

Label About the NIAAA

Source About

Tab Icon

STYLE ▾

List Tiles Calendar Map

Checklist Cards Swipe Details

Edit List

Using a TILE format give you this look

Assign a label
and identify the
source from
your Google
Sheet

Events Why Download When You NIAAA - Glide NIAAA - Google Sheets National Interscholastic A

docs.google.com/spreadsheets/d/1STx3-h5PucZy4bYT_rCMszGe1hP6TnQf0qLH8d5QOz8/edit#gid=929165337

NIAAA File Edit View Insert Format Data Tools Extensions Help Last edit was 6 minutes ago

100% \$ % .0_ .00 123 Default (Ari... 10 B I S A

B3 fx https://members.niaaa.org/store/default.aspx

	A	B	C	D	E	F	G	H	I	J	K	L
1	Category	link	image	Description								
2	Member Login	https://members.niaaa.org/store/default.aspx	https://drive.google.com/...	In the case of lost login information or if you are unsure if you have ever held a member profile with us, please do not pro								
3	On-Line Store	https://members.niaaa.org/store/default.aspx	https://drive.google.com/...	Purchasing organizational merchandise through the online store is easy! You can: view and purchase items through secure credit ca								
4	Upcoming Event	https://members.niaaa.org/store/default.aspx	https://drive.google.com/...	Here you can find out about upcoming events and view photo galleries of past events. Some events may allow for online registration and								
5	Member Resources	https://members.niaaa.org/store/default.aspx	https://drive.google.com/...	The Member Resource page provides you with documents you can assist you in keeping up with changes in Sports Law, provide adv								
6	Member Search	https://members.niaaa.org/store/default.aspx	https://drive.google.com/...	Lost a member? Find them here!								
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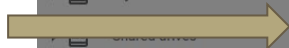
Images need to be saved, uploaded into drive, adjust permissions, and copy link

Welcome About Member Portal Membership PD Conference Awards

Type here to search

2:08 PM 12/4/2021

In your drive find recent uploads to share



drive.google.com/drive/recent

Drive

Search in Drive

Recent

Name Owner File size

Today

Earlier this month

Share with people and groups

Shared with Lance Smith

Get link

<https://docs.google.com/presentation/d/1b8hPkwpXZkE9CEGj9c2j31WLI9...> Copy link

Anyone with the link

Restricted

South Huntington UFSD

✓ Anyone with the link

Done

My Drive > Why Download When You Can GLIDE

GMT20211207-180....txt

GMT20211207-180....txt

GMT20211207-18....m4a

GMT20211207-1....mp4

Show all

Type here to search

6:28 PM 12/8/2021

Adjust restrictions if necessary

[illegible]

Another
Informational
Detail page but
we added a
PHONE and a
MAP

Events | Why Download When You... | NIAAA - Glide | NIAAA - Google Sheets | National Interscholastic A... | +

go.glideapps.com/app/fDb3pDXVoxGK6Xi9RBKr/layout

NIAAA
James Wright

TABS
The NIAAA
Chat
Shopping Cart
About the NIAAA
Memb Port
Membership
PD
2021 Conf
Awards
MENU
User Profile

SCREEN DATA
Tt Text Title
Image Image
Button Click Here for Conference Info
Phone phone
Map address

Viewing as jwright@shufsd....

2021 Conf

General Options Edit Form

TABS
Label 2021 Conf
Source Conference
Tab Icon

STYLE
List Tiles Calendar Map
Checklist Cards Swipe Details

3:13

2021 Conf

DENVER, DECEMBER 10-14, 2021

Click Here for Conference Info

phone
303.228.8000

Map

The NIAAA About the... Memb Port Members... PD 2021 Conf Awards

3:13 PM
12/4/2021

Events x Why Download When You Can x NEDC - Glide x NIAAA - Google Sheets x +

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NEDC James Wright

TABS +

- Welcome
- NEDC Exec. Directors
- Chat
- Surveys
- Sponsors
- Inspirational Videos
- Shopping Cart

MENU

- User Profile
- Drag tabs here to show them in the left menu.

SCREEN +

- Search
- Favorite Bar
- Tiles List

Viewing as jwright@shufsd...

NEDC Exec. Directors

General Options

TABS

Label NEDC Exec. Directors

Source Executive Directors

Tab Icon

STYLE

- List
- Tiles
- Calendar
- Map
- Checklist
- Cards
- Swipe
- Details

Edit List

4:27

NEDC Exec. Directors

Search

AHS LABAMA HIGH SCHOOLS

CANADA Drew Hanson

ALABAMA Jamie Lee

ARIZONA Joni Pabst, CAA

ARKANSAS Nick Lasker

CALIFORNIA Ray Moore

CALIFORNIA Ralph & Susan Trigsted

COLORADO Gary Leeper

CONNECTICUT Fred Balsamo, CMAA

DELAWARE Michael Wagner, Neal Downing

DIST OF COLUMBIA Andy Chiles

FLORIDA Joe Sanfilippo

GEORGIA

Welcome NEDC Exec. Dir. Surveys Sponsors Inspirational V.

4:27 PM 12/4/2021

Events x Why Download When You Can G x NEDC - Glide x NIAAA - Google Sheets x +

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NEDC James Wright

TABS +

- Welcome
- NEDC Exec. Directors
- Chat
- Surveys
- Sponsors
- Inspirational Videos
- Shopping Cart

MENU

- User Profile

Drag tabs here to show them in the left menu.

SCREEN DATA

- Title STATE & SECTION
- Action Text SECTION
- Email EMAIL ADDRESS
- Action Text WEBSITE
- Phone CELL PHONE
- Action Text ADDRESS
- Image image

Viewing as jwright@shufsd...

NEDC Exec. Directors Details

General Edit Form

TITLE

Title Screen title

Colorado

Back

Colorado

Gary Leeper

SECTION 6

EMAIL ADDRESS info@ColoradoAD.org

WEBSITE ColoradoAD.org

CELL PHONE

ADDRESS 12110Pecos St Suite 220WestministerCO80234

Just click away

4:28 PM 12/4/2021

Events x Why Download When You Can G x NEDC - Glide x NIAAA - Google Sheets x +

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NEDC James Wright

Upgrade Share

Viewing as jwright@shufsd.org

Executive Directors

Find column...

TABLES

- Executive Directors
- Inspiration
- Welcome
- Sponsors
- Surveys

	A	STATE & SECTION	123	SECTION	A	EXECUTIVE DIREC	@	EMAIL ADDRESS	A	WEBSITE	📞	CELL PHONE	A	+
1		Canada				Drew Hanson		drew@ciaaa.ca		www.ciaaa.ca		800-618-4530		117
2		Alabama		3		Jamie Lee		jlee@ahsaa.com		www.ahsaa.com		334-263-6994		732
3		Arizona		7		Joni Pabst, CAA		jp0808@aol.com		www.alaaa.org		520-906-7252		757
4		Arkansas		6		Nick Lasker		nick@ahsaa.org		www.ahsaa.org		501-813-4958		392
5		California		7		Ray Moore		rmcoach@earthlink.net		www.myscada.org		951-440-4720		329
6		California		7		Ralph & Susan Trigsted		ralphandsusan@netzer		www.myscada.org		714-600-2160		224
7		Colorado		6		Gary Leeper		info@Coloradoad.org		ColoradoAD.org		303-478-1083		121
8		Connecticut		1		Fred Balsamo, CMAA		fbalsamo@casciac.org		caadinc.org		203-605-0553		30
9		Delaware		2		Michael Wagner, CAA		loyolawags@gmail.com		daadhome.com		302-242-4940		80
10		Dist of Columbia		1		Neal Downing		nealdowning@gmail.co		https://twitter.com/dcs		202-327-4875		182
11		Florida		3		Andy Chiles, CMAA		andrew.chiles@ocps.ne		FIAAA.org		305-490-2718		105
12		Georgia		3		Joe Sanfilippo, CMAA		sanfilippojq@yahoo.co		gadaonline.net		706-969-9303		671
13		Hawaii		7		Daren Oshiro		doshiro@hba.net		hiadahawaii.com				PO
14		Idaho		8		Tracy Leinen, CMAA		tracy.leinen@boisescho		IDAAA.org		208-850-5694		962
15		Illinois		4		Mike Morris, CMAA		mmorris@illininimorris.co		illinoisad.com		630-846-2010		136
16		Indiana		4		Bruce Whitehead, CMA		bwhitehead@niaaa.org		iaaaa.org		317-525-7735		241
17		Iowa		4		Harley Schieffer		harleyschieffer@gmail.		ihsada.com		515-344-2442		103
18		Kansas		5		Marc Haight, CMAA		kiaaaemail@gmail.com		kiaaa.org		316-655-8929		184
19		Kentucky		2		Hugh McReynolds, CM		hugh.mcreynolds@outl		khsada.org		270-726-0192		164
20		Maine		1		Marty Ryan, CMAA		mryan8@maine.rr.com		miaaa.org		207-251-1168		PO
21		Maine		1		Gerry Durgin, CMAA		gedurgin@gmail.com		miaaa.org		207-620-6069		17 /
		+ New row												

SOURCES

- NEDC

Here's where you can refresh and edit your sheet

Windows Taskbar: Type here to search, 4:29 PM 12/4/2021

This is what your sheet looks like in Glide. Only good as a reference.

Athletic Administration

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Wildcat Physical Education

WW · 2 collaborators

TABS

+

Welcome

Chat

Shopping Cart

HPE Staff

Health

Adaptive PE

K-2

3-5

SCREEN

DATA

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Image image

Text Welcome

Button Click Here to View 2020 NYS ...

Text Tribute

Video Link to Video Tribute

Viewing as jwright@shufsd....

6:55

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welcome


HEALTH & PHYSICAL EDUCATION

Welcome to Wildcat Health and Physical Education. The more we stay fit, the better we will be. You can also log your activities to show how much we all do. Use the TEACHER tab to email teachers directly or to go to their eBoards and Google Sites and Classrooms.

Click Here to View 2020 NYS PE Standards

4/20/2020 marked the second anniversary of Vin Altebrando's passing. The coaches, teachers and friends of Vin help to pay tribute to him here

 Vin Altebrando / COVID RUN T...



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Upgrade

Share

Welcome

GeneralOptionsEdit Form

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Inbox - jwri x Softball Co x Softball Co x NYSAAA N x Recent - G x Why Down x Glide - Cre x Wildcat Ph x

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Wildcat Physical Education

WW · 2 collaborators

Upgrade Share

Viewing as jwright@shufsd...

TABS

- Welcome
- Chat
- Shopping Cart
- HPE Staff
- Health
- Adaptive PE
- K-2**
- 3-5
- 6-8
- 9-12

SCREEN DATA

- Title Title
- Video link

Yoga for Kids!

Follow along as Sophia Khan leads a fun and family-friendly introduction to yoga. You'll get to warm up, practice breathing and poses, and relax into a power down.

Yoga for Kids!

YOGA KIDS!

General Edit Form

TITLE

Title Screen title

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GMT20211207-180....txt

GMT20211207-18....m4a

GMT20211207-1....mp4

Show all

Type here to search

6:40 PM 12/8/2021

Thank you for your time

jwright@shufsd.org

@jimwright824

@NYSAAA6

NYSAAA YouTube Channel

Retired, so don't call or text after 4:00....only kidding

631-245-3981